

Annual Report 2022

A MESSAGE FROM EXECUTIVE DIRECTOR, STEVEN WILSON

Doing What is Asked

"Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, for as long as you can". This quote from John Wesley made over 200 years ago, captures the heart of the ROC, and all those who serve here.

"Hear, O Israel! The Lord is Our God, the Lord alone. And you must love the Lord your God with your heart, all your soul, and all your strength". Known in Judaism as the Shema Prayer, this prayer is a declaration of faith in the one and only God of the Universe. Most of us are more familiar with the portion found in Deuteronomy 6:4-9, but the prayer is comprised of verses from Deuteronomy 6:4-9, 11:13-21 and Numbers 15:37-41, communicating the importance of loving and serving God with all one's heart, soul, and resources. In response to the Pharisees attempts to trap him with the question, "Teacher, what is the most important commandment in the law of Moses?" Jesus replies in Matt 22:37-40 with, "You must love the Lord God with all your heart, All your soul, and all your mind. This is the first and greatest commandment. A second is equally important: Love your neighbor as yourself. The ENTIRE law and all the demands of the prophets are based on these two commandments."

Loving God and loving our neighbor is at the core of who the ROC is – it's what we do and why we do what we do. It's our "True North". In Hebrew, the word Shema that is translated in English as hear, means hearing but also the effect of it. Which is *taking heed, being obedient,* and moreover *doing what is asked*. Hearing is not just listening with one's ears. It is listening, heeding and obeying, which elicits a response. It is a call to action.

To love the Lord your God with all your heart means to have an unwavering devotion, commitment, and allegiance to God, above all else. It involves putting God first in one's life and making Him the center of one's thoughts, emotions, and actions.

To love your neighbor as yourself means to treat others with the same kindness, compassion, and respect that you would want for yourself. It involves recognizing the inherent worth and dignity of every person, regardless of their background, beliefs, or circumstances, and treating them accordingly. This commandment calls for selflessness and a willingness to put the needs of others before one's own.

Together, these two commandments form the basis of a life lived in accordance with God's will and reflect the principles of love, justice, and compassion that are central to our faith and to who the ROC is.

I trust that you will find this Annual Report to be a reflection of the positive impact we have made in the community and for the Kingdom over the past year. Your prayers, service, and support are greatly appreciated and have been instrumental in our success.

Steven . Wilson

THE ROC

PURPOSE: The ROC's mission is to bring people closer to Jesus by offering programs and services that address their physical, emotional, and spiritual needs. By integrating love, community support, and personal strength, The ROC aims to help individuals find hope and meaning in life.

VISION: To transform the lives of those in our community through the power of the gospel, reaching out to those in need, and sharing the love of Christ with practical help.

CORE VALUES:

Unity – We work hard to work together (1 Cor 1:10) Trusting – We choose to trust and believe in each other (Prov. 3:5-6) Transparent – We are open with each other (2 Cor. 4:2) Humble – We yield to one another (Eph. 4:2) Courageous – We're willing to say yes and take big risks (Psalm 138:3)

OUR NICHE: An enterprising Christian organization teaming up with individuals and communities eager to drive their own transformation.

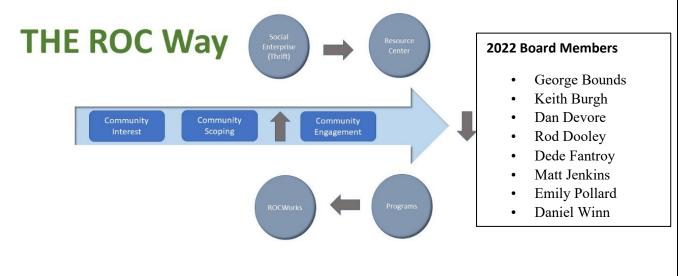
PROMISE: Come be a part of our team and experience positive transformation – in others and yourself.

THREE UNIQUES:

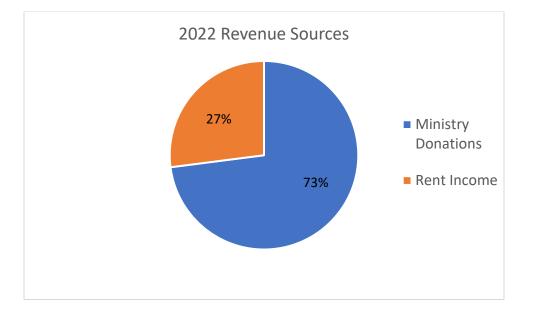
Gospel-Centered: The gospel of grace in Jesus Christ changes everything

Change through engagement

Repeatable, sustainable model

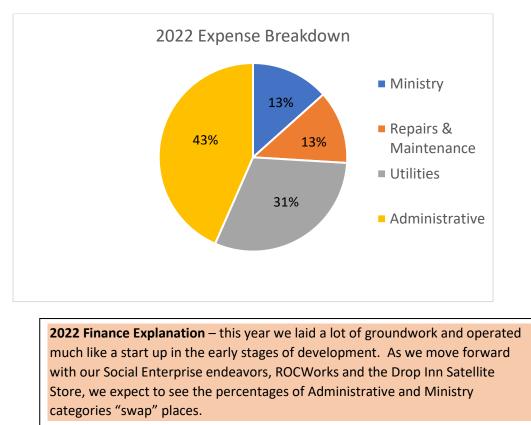


FINANCIALS: 2022 REVENUE SOURCES



In 2023 we will be adding the Social Enterprise category, with the expectation that over 50% of our funding will be coming from that.

2022 EXPENSE BREAKDOWN



ROC CENTER HIGHLIGHTS

Revolution Community Church: Saturday evening services averaging 45-50 adults and children per week. This ministry also provides addiction recovery support and services that transform lives.

ROC of Calvary Recording Studio and Music Institute: Construction of a state-of-the-art recording studio is underway. This organization will provide free recording services to Christian artists and will also be instrumental (pun intended) in our music education initiative.

ROC The Block Party – This summer time event is fast becoming a favorite of the Oakhill Jackson residents. This year we saw over 150 people gather for a time of fun, food, music, and getting to know one another.

Charity Golf Tournament – This was our inaugural Charity Golf Tournament and according to those that have been there and done that before, was a tremendous success. Special thank you to board members Keith Burgh and Dede Fantroy for leading the efforts. We had 51 golfers and after taking out tax, title, and license, we raised a little over \$5700.

Thanksgiving Basket Giveaway: 65 baskets were distributed to Never Dream Less, Kinyange House, and Revolution CC, familes.

Backpack Giveaway: with support from New City, Bridgehaven, Drop Inn and donations, we were able to provide backpacks full of school supplies to Never Dream Less, Kinyange House, and We Care Daycare pre-school, which is located in the Oakhill Jackson Neighborhood.

Johnson Steam Academy and Metro High School: providing snacks/supplies for both students and teachers. Each of the 350 Johnson students received a blanket during the Christmas season and all 250 Metro students were given gift bags containing gift cards, hats, gloves, and other essentials. Carrying on the tradition begun by Pam Skelton and Living Room Minsitries, we still have several young ladies from Metro coming to the ROC weekly for a time of crafts, conversation, and to experience the love of Jesus.

Never Dream Less Foundation saw an increase of over 200% in the number participants.

The Good Neighbor Network broke out into the Oakhill Jackson neighborhood, going door to door introducing ourselves to the community and hearing about what's important to them. This outreach has led to an increase of the number of neighborhood residents attending our Monday night City Group here at the ROC.

Know Your Numbers Health Fair: This free event, co-sponsored by New City Church gave residents the opportunity to receive blood pressure, respiratory and mental health screening, diabetes and BMI checks, and a host of other health related services.

Good For All Conference: A team of 10 made up of folks from New City CR, New City DSM, and the ROC Center City Group, travelled to Des Moines for the Good For All Conference. We had the opportunity to learn from nationally recognized speakers, experience worship, and engage in practical sessions on loving your neighbor!

2022 IN PICTURES









April 22nd | June 24th | August 26th | October 28th 6:30pm-8:00pm questions? Call 319:319:309 or email roccenterinfo@theroccenter.org





202 10TH ST. SE | CEDAR RAPIDS, IA 524

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Respiratory – O2 Stats Nutritionist – Easy Healthy M Optomologist – Vision Checks Blood Bank – Donations

I Health
SPONSORED BY NEW CITY CHURCH & THE ROC CENTER









Crafting with Metro High School Girls

2023 and Beyond

Program Offerings in 2023

• Collaborating with Serve the City and New City Church, the ROC will provide assistance in the following areas:

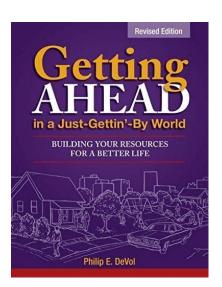
- Food Insecurity
- Transportation
- Home Repair and Yard Cleanup
- Biblical Counseling
- Grief Share Groups
- Job Readiness Training
- Budget Mentoring

NEWCITY _____CHURCH



Recovery support services are a type of assistance designed to help individuals who are struggling with substance abuse, mental health issues, and other related challenges. These services can provide support for a range of issues, such as co-dependency, unhealthy relationships, anger management, sexual addiction, anxiety, depression, and others. One example of such a service is the Revolution Community Church Addiction Support Group, which is a faith-based group that provides a supportive environment for individuals seeking recovery from addiction. These services can play an important role in helping individuals overcome these challenges and achieve a healthy and fulfilling life.
These are some of the common barriers that individuals can face in accessing resources and services, such as health care, education, and financial aid. Unstable housing, lack of transportation, lack of childcare, and inadequate mental health care can make it difficult for individuals to attend appointments or receive services. ROCWorks and home visits can help by providing resources and support for these individuals, such as care coordination and financial assistance.
These are common areas of instability that individuals can experience and that can impact their overall well-being. The absence of spiritual practices, a lack of supportive relationships, difficulty managing everyday life situations, emotional regulation, financial management, and navigating social norms can lead to increased stress and challenges. To address these areas of instability, various support services are offered, such as Getting Ahead class, Grounding class, Freedom to Serve, Monday Night City Group, Grief Support groups, and Individual Coaching. These classes and groups can help individuals develop the skills and support systems necessary to address their challenges and achieve stability and well-being.

Soft Work Skills	The focus of the team members is on developing soft skills that are essential for success in the workplace. These skills include building work endurance, being receptive to coaching, providing constructive feedback for process improvement, effective communication, and resolving workplace conflicts in a positive manner. The ROCWorks program is one example of a service that can provide support in these areas. This program can help individuals develop the necessary skills and techniques for success in the workplace and achieve greater stability and well-being in their careers.
Outreach	The mission of the organization involves sharing the values and purpose beyond just operating a resource center and engaging with the community in a meaningful way. This includes reaching out to individuals and partners in a way that is sensitive to their unique needs and circumstances. The Good Neighbor Network, ROC City Group, ROC The Block Parties, Nights of Worship, and events at the ROC, are examples of initiatives that help the organization achieve this goal and connect with the community on a deeper level. These events provide opportunities for community members to come together, learn about the organization's mission, and participate in initiatives that support well-being and personal growth.
K-12 Support	The organization partners with schools to identify students who need support in order to succeed academically. This may include students who are homeless or face other barriers to learning. These students are referred to the organization and receive assistance in removing these barriers and developing life skills and healthy relationships. This support includes mentoring, tutoring, and outreach programs for children and families. These programs aim to promote family stability and well-being and provide students with the tools and support they need to succeed in school and beyond.



Getting Ahead is a 10-week course that helps individuals build their resources for a more prosperous life for themselves, their families, and their communities. Our first offering is slated to begin on **Thursday February 16**th.

Quarterly Nights of Worship



March 24, 2023

Social Enterprising



ROCWorks is a program that combines work-based training and support for individuals in recovery. The program provides an environment where participants can actively engage in their recovery, develop valuable work skills, and overcome life barriers, all while experiencing the love of Jesus. It is estimated that it costs \$15,000 to bring one client through the program for a year. Most participants spend 12 to 24 months in ROCWorks. The program provides comprehensive support for its employees, including work-based training, support for overcoming life barriers, and a supportive environment that promotes personal growth and transformation.



RECOVERY: Recovery support services are a type of assistance designed to help individuals who are struggling with substance abuse, mental health issues, and other related challenges. These services can provide support for a range of issues, such as codependency, unhealthy relationships, anger management, sexual addiction, anxiety, depression, and others. One example of such a service is the Revolution Community Church Addiction Support Group, which is a faith-based group that provides a supportive environment for individuals seeking recovery from addiction. These services can play an important role in helping individuals overcome these challenges and achieve a healthy and fulfilling life.



LIFE SKILLS The organization offers classes focused on personal growth and well-being, with a particular emphasis on financial management and goal setting. These classes are designed to address areas of instability that participants may face, such as a lack of spiritual discipline, inadequate support systems, difficulties in managing emotions, finances, and navigating everyday life. Examples of such classes include the Getting Ahead and BluePrint: A Spiritual Guide to Financial Freedom classes. These classes provide participants with the tools and support they need to overcome these challenges and lead a fulfilling and stable life.





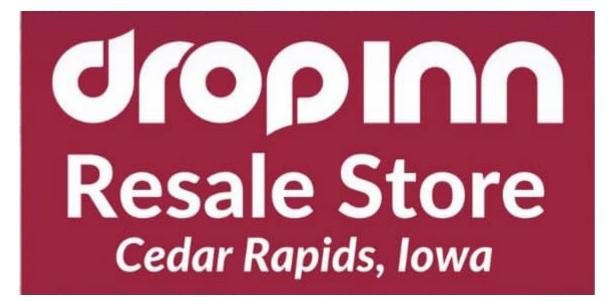
BARRIER REMOVAL: The organization provides support to

individuals facing various barriers that can impact their stability and well-being. These barriers can include unstable housing, lack of reliable transportation, inadequate childcare, inadequate mental health care, and inadequate education. The organization offers various services to help overcome these barriers, including resource center care coordination appointments, financial assistance, ROC Wheels (a transportation program), and home visits. These services aim to provide individuals with the resources and support they need to improve their stability and overall quality of life.

WORK SKILLS: The organization focuses on helping individuals develop the skills they need to succeed in a workplace setting. This includes both technical and soft skills. Soft skills training covers areas such as building work stamina, responding well to coaching, giving positive feedback, effective communication, and resolving workplace conflict. Technical skills training focuses on providing individuals with the specific job skills they need to perform their tasks effectively. The goal is to provide individuals with the tools and support they need to be successful in their workplace and achieve stability in their careers.



GRADUATION: The organization provides job search assistance, including resume and interview preparation, to help individuals find employment in the community. The ultimate goal of the program is to help individuals achieve stability in their recovery while also learning essential work and life skills that will enable them to secure and maintain a job. The program provides a comprehensive approach to career development and recovery, helping individuals overcome barriers and build the skills they need to succeed in their personal and professional lives.



Drop Inn Ministries is a charity that began in Richhill, Northern Ireland and now works to bring aid to over 20 countries around the world, with the help of its 35+ Charity Shops. Even before the ROC Center officially got underway, Drop Inn Cedar Rapids (located at 1625 J Street SW Suite A) has been a source of encouragement and both financial and material support. Their team members have committed themselves to coming alongside the ROC in our efforts to together, "renew our city".

March 3, 2023 will see the addition of a Drop Inn satellite location to our 10th St. SE location. As part of our Social Enterprise initiative, Drop Inn will provide funding, opportunities for volunteers to serve, and quality products at affordable prices right in the Oakhill Jackson neighborhood.

In Recognition



After seeing the need for shelter and help for homeless women while volunteering in Cedar Rapids, Pam Skelton decided she wanted to start her own initiative to help those in need. In 2017 she founded Living Room Ministries and along with volunteers rebuilt a house on 2nd avenue and turn it into a shelter for women without the shelter feeling. For the last 2 years, we have been blessed to have the Living Room and Pam here at the ROC Center.

Converting the upstairs sanctuary into a "living room", Pam provided a welcome relief from life on the streets. From crafts to cooking and study groups she created an environment for women to interact in a way they often miss in their daily lives or might never have had. Seeing the need among many of the young girls that participated in activities here at the ROC, Pam also began a girl's group with several of the young ladies from Never Dream Less and the neighborhood. Filling their stomachs with snacks and showering them with the love of Jesus, Pam was a welcome sight for many that passed through our doors. She was also instrumental in starting an outreach to girls from Metro High School. To this day it's a blessing for all involved.

This past fall Pam retired from her role as Executive Director of the Living Room, though she still remains a trusted ally and resource in our efforts to positively affect the women and families in our community. Not one to sit too long, I hear she's giving driving lessons to women in need of licenses.

We will miss her!





PARTNER WITH US

Your financial support and prayer is what keeps this ministry moving forward. Your support allows us to help more people. Please consider partnering with us financially.

Yes, I would like to partner with the

Roc to offer opportunities for a new life, a new hope, and a new future.

Enclosed is my tax-deductible automatic **monthly** contribution of:

- o \$25
- o \$50
- o \$100
- o \$500
- o \$1000
- Other

Checks can be made payable to ROC Center. Please attach a voided check for monthly contributions.

Included is my tax-deductible **one-time** gift of:

- o \$25
- o \$50
- o \$100
- o \$500
- o \$1000
- o Other

WAYS TO PARTNER FINANCIALLY WITH THE ROC

- Set up an automatic withdrawal straight from your checking account to ROC.
- You can set up recurring giving weekly or monthly! We have 10 monthly givers, and would love to reach 30 by the end of 2023. Monthly giving is foundational to our Kingdom work.
- Online: theroccenter.org/do nate
- Mail a check to 1202
 10th St. SE CR, IA
 52401